

THE WORLD'S MOST UNIQUE BEAUTY MAGAZINE

NEW BEAUTY

SEXY SKIN

IS YOUR
WATER
AGING
YOU?

INSTANT
WRINKLE
REMOVERS

FAT: THE
SECRET
TO YOUTH

**DISCOVER
THE BEST
ANTI-AGER
EVER...**

LIQUID FACE LIFT

THE LATEST
SMILE
WHITENERS
SKINCARE
INNOVATIONS
BREAST
LIFTING
BREAKTHROUGHS



“Synergy means choosing several complementary techniques, all of which work toward the same goal, so each of them can be done more conservatively and yet give a dramatic, naturally youthful look.”

-DR. THOMAS L. ROBERTS

50s

THE FIFTIES

The changes that come with the 50s are tough—drooping brows and lids, wrinkles and dark circles under the eyes, and jowls with a loose neck that hide a once-crisp jawline. This patient required a “Synergy Lift,” which in this case, consists of an endobrow lift, four-lid blepharoplasty, Sciton laser resurfacing and microfat grafting to smooth and tighten the lids; judicious liposculpting of the lower cheeks, jowls and neck; and micro-fat grafting to strengthen the chin and jawline; and facelift with neck muscle repair.

BEFORE



AFTER





DR. THOMAS L. ROBERTS
Plastic Surgeon



my facelift story

ABOUT 12 YEARS AGO, I WAS SHOPPING AT MY FAVORITE COSMETICS COUNTER WHEN I MET ANOTHER CUSTOMER WHO HAD JUST UNDERGONE COSMETIC SURGERY. She looked great, so I asked her who her doctor was. She gave me Dr. Roberts' name and number, which I tucked away in a safe place for when I would be ready for surgery myself. As I started to notice the effects of the aging process on my face, I began contemplating a facelift. I had loose skin around my mouth, and puffiness near my eyes that I wanted to fix. I had never had any other cosmetic surgeries performed, let alone injectables or fillers. I knew that surgery was the only way to fix my aging concerns.

BEFORE MY SURGERY

I made an appointment for a consultation with Dr. Roberts two months before my surgery. Dr. Roberts and his staff gave me lots of information about the procedure. We discussed the areas I wanted to correct like my mouth, eyes, jowls and neck and he simulated what my face would look like after surgery with computer imaging. I also let him know that a natural, youthful appearance was important to me—I didn't want to look tight or like I had plastic surgery. As Dr. Roberts suggested, I gathered up old photos of myself, to bring in on surgery day. The day before my surgery I went over my instructions and I didn't have anything to eat or drink 12 hours before heading in—that was tough.

ABOUT THE expert...

DR. THOMAS L. ROBERTS, III, of Spartanburg, SC, draws on nearly a quarter century of experience, offering a multitude of face, breast and body procedures. An international lecturer and sought-after beauty authority, Dr. Roberts has been asked to speak and demonstrate his surgical techniques 120 times in 36 countries on six continents. His innovative **facelift, body contouring, breast-enhancement, laser and micro fat grafting** techniques have established him as a progressive leader in the field of plastic surgery. With numerous professional positions to his credit, Dr. Roberts has earned a time-honored reputation, worldwide.

SURGERY DAY

I woke up the morning of my surgery anxious. When I arrived at my doctor's office, I met with a nurse who made me feel comfortable about the surgery. I was prepped for surgery and then the anesthesiologist gently put me to sleep—the next thing I knew I woke up a few hours later, but I wasn't in too much pain. My face was swollen, red and bruised but I knew in a few weeks I would look great. By the time I got home I was uncomfortable and needed to take the prescribed pain medication. And my mouth was sore, so I had to stick to liquids the first few nights and sleep elevated.

WHAT DR. ROBERTS SAYS The most important determinant of how a patient will do after surgery is her attitude. I can always tell who will do well—the person who comes in with a great outlook, wakes up easily and follows instructions carefully heals faster than anyone else.

THE RESULTS

A few days after the surgery, I headed back to Dr. Roberts' office for my second post-op visit, where he said that I was healing very well. I tried not to fixate on how my face looked during the recovery stage because I knew that in the end it would be worth it. I ventured out to do a few errands a few weeks after my surgery and was very careful to protect my face from the sun with sunglasses and lots of sunscreen. I also used a special mineral makeup which made my skin look almost normal. About two months after my surgery, I really started to notice the improvements. And the best part of all is that I looked natural and youthful. When I saw my mother-in-law for the first time after the surgery she said I looked ten years younger! It's been a year since my surgery and I'm so happy with the end result, thanks to Dr. Roberts, and if I had to do it all over, I would do everything exactly the same.

WHAT DR. ROBERTS SAYS Martha had a great attitude and understood that it takes a while to get past the swelling and pinkness. Her realistic expectations and optimistic view made all the difference and she's extremely happy with her results.