



Skin Tyte

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A laser treatment promises to tighten up sagging skin.

NATIONAL HARBOR, Maryland (WUSA) --- Janine Anderson from Annapolis, Maryland considered plastic surgery to tone up her abdominal area. She also wanted to erase some of the lines forming on her face.

"Being in my late thirties, things just aren't the same as they used to be," explains Janine.

She visited Dr. Michael Chiaramonte, Medical Director with **Bella Plastic Surgery** in National Harbor, Maryland.

Chiaramonte says many women complain of stubborn "trouble spots" that don't seem to respond to diet and exercise.

"Well after 3 kids... gaining about 40 pounds, obviously per kid, it doesn't really help it go back to

normal," explains Janine.

Dr. Chiaramonte says he can create a new normal with a laser called **Skin Tyte**. Skin Tyte helps patients like Janine who may be looking for smoothing and tightening of the face, arms or lower abdomen, but who are reluctant to go under the knife.

Skin Tyte utilizes heat energy to smooth out the skin and strengthen its collagen. Skin Tyte also has different frequencies, allowing for greater control.

Dr. Chiaramonte explains that Skin Tyte, "...utilizes pulse light technology to heat up the deep layers of the skin, while simultaneously cooling the superficial layers."

For patients like Janine, the cooling sensation means less pain during the treatments.

"The laser delivers the light... the next two flashes are just post treatment cooling. Then, we move on to the next spot and continue with the treatment," explains Dr. Chiaramonte.

Janine says, "Just a little warmth and that was it, and after that I would feel maybe a tiny bit more, but nothing really."

There are many different lasers on the market right now.

Skin Tyte and a laser called Thermage are used primarily for skin tightening and contouring.

Devices like Fraxel can remove severe acne scars or sun damage.

Dr. Chiaramonte says it is important to seek out a certified cosmetic surgeon who has experience with several lasers and can point you in the best direction.